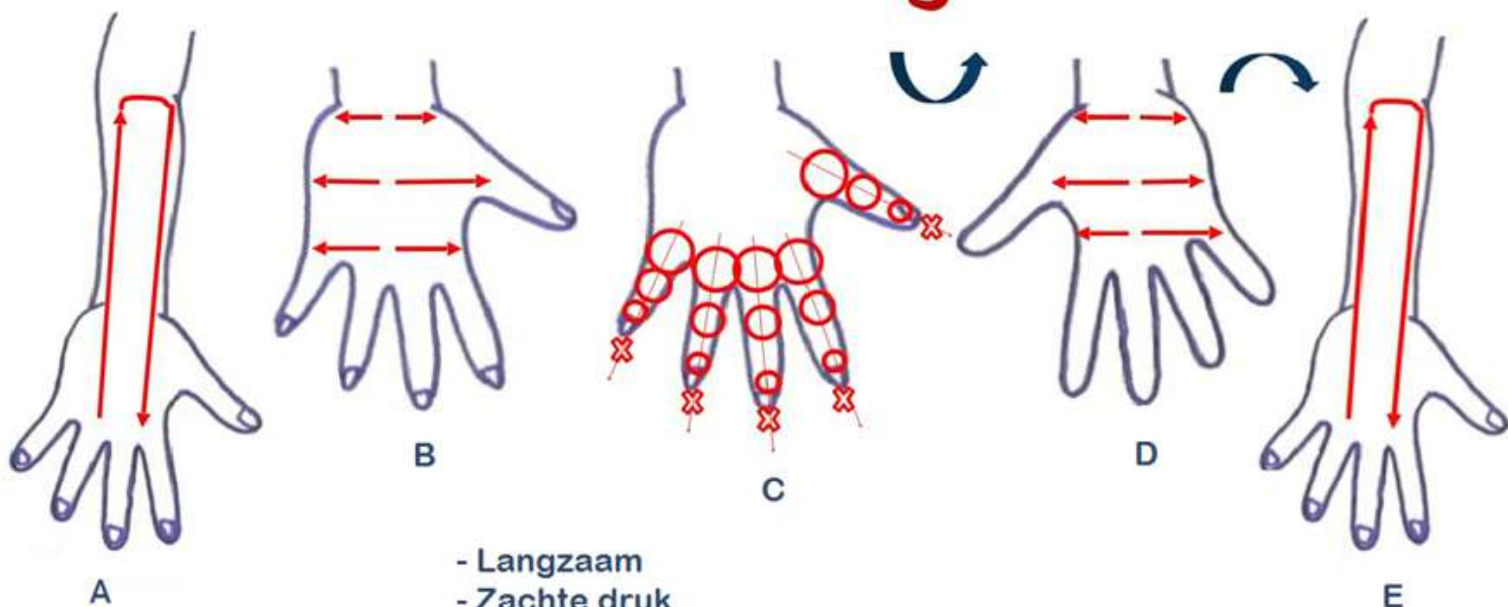


Handmassage



- Langzaam
- Zachte druk
- Strijk- en circulaire beweging
- 3x herhalen